

Mandatory Arrival Orientation

You are required to attend an orientation sponsored by the International Student Resource Center. Please contact a Responsible Officer (RO) or an Alternate Responsible Officer (ARO) at the International Student Resource Center for further information.

Extension of Stay

Students in J-1 status are allowed to stay in the United States as long as they are pursuing a full course of study and are making progress towards the completion of their academic program. In addition, they may participate in “academic training” after completion of the academic program. To maintain valid status, students must keep their DS-2019 Form valid at all times. Students should contact the RO or ARO in the International Student Resource Center to inquire about academic training procedures and to apply for an extension before their current DS-2019 Form expires.

Change of Category

You are not permitted to change the category within your J-1 visa status to that of researcher while you are in the United States.

Employment

You may engage in two kinds of employment:

- On-campus employment
- Academic training related to your course of study

In all cases, permission for employment is required in advance. Please consult with the RO or ARO in the International Student Resource Center.

Health Insurance

You and your dependent(s) are required to have insurance coverage for sickness or accident during the period of time that you participate in an exchange program. Minimum coverage shall provide:

- (1) medical coverage of at least \$100,000 per accident or illness
- (2) deductible not to exceed \$500 per accident or illness
- (3) medical evacuation expenses in the amount of \$50,000
- (4) repatriation of remains in the amount of \$25,000

Exchange Visitors and any accompanying dependents may also be subject to the requirements of the Affordable Care Act (ACT). Please note: The ACA does not meet the J-1 insurance regulations. Failure to maintain medical insurance coverage for you and your dependents will be cause for termination of your program.

