

## IMPORTANT REGULATIONS AFFECTING EXCHANGE

### VISITOR (J-1) VISA HOLDERS IN STUDENT STATUS

#### **Mandatory Arrival Orientation**

You are required to attend an orientation sponsored by the International Affairs. Please contact a Responsible Officer (RO) or an Alternate Responsible Officer (ARO) in International Affairs for further information.

#### **Extension of Stay**

Students in J-1 status are allowed to stay in the United States as long as they are pursuing a full course of study and are making progress towards the completion of their academic program. In addition, they may participate in “academic training” after completion of the academic program. To maintain valid status, students must keep their DS-2019 Form valid at all times. Students should contact the RO or ARO in the International Affairs to inquire about academic training procedures and to apply for an extension before their current DS-2019 Form expires.

#### **Change of Category**

You are not permitted to change the category within your J-1 visa status to that of researcher while you are in the United States.

#### **Employment**

You may engage in two kinds of employment:

- On-campus employment
- Academic training related to your course of study

**In all cases, permission for employment is required in advance.** Please consult with the RO or ARO in the International Student Resource Center.

#### **Health Insurance**

You and your dependent(s) are required to have insurance coverage for sickness or accident during the period of time that you participate in an exchange program. Minimum coverage shall provide:

- (1) medical coverage of at least \$100,000 per accident or illness
- (2) deductible not to exceed \$500 per accident or illness
- (3) medical evacuation expenses in the amount of \$50,000
- (4) repatriation of remains in the amount of \$25,000

